

gelée royale cardio

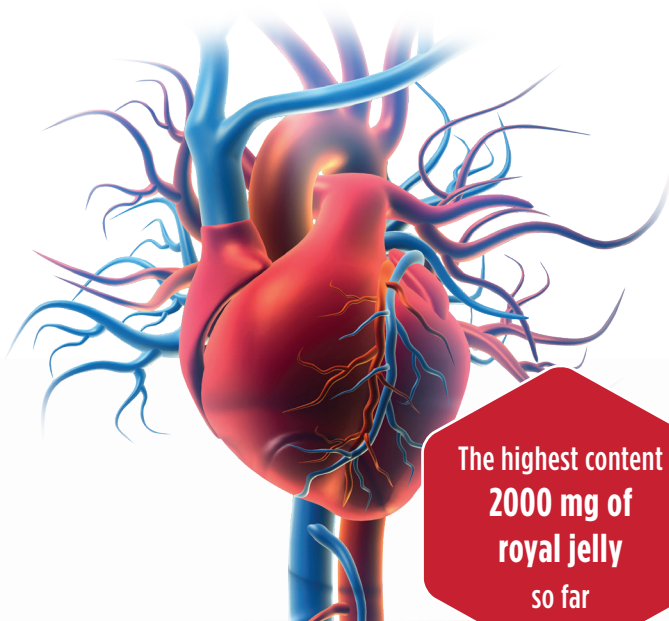
Support your cardiovascular
function

How does it work?

- Lowers total cholesterol levels.
- Contributes to homocysteine metabolism.
- Strengthens the immune system.
- Increases the energy level and restores strength.
- Reduces tiredness and fatigue.
- Supports athletic performance.
- Maintains a healthy nervous system.
- Protects cells from oxidative stress.
- Regulates metabolism - reduces appetite.

Who is it intended for?

- For all people with high cholesterol and those who are taking statins.
- For all those who are under stress, do not exercise enough and use unhealthy vices such as smoking, unbalanced, processed food, too much sugar, coffee and alcohol.
- For all chronically tired people who are constantly without energy.
- For all those who are under increased psychophysical stress (active athletes).
- For all those with an excessive body mass index.
- For all those who want to preventively support cardiovascular health.



The highest content
2000 mg of
royal jelly
so far



PRODUCT NAME	EAN CODE	COMMERCIAL PACKAGING
Gelée royale cardio	3838988324927	6

NET QUANTITY • 10 x 9 ml
(for 10 days of regular use)



gelée royale cardio

What ingredients does it contain?

Royal jelly

Gelée royale cardio is the only Medex product, which contains 2000 mg of royal jelly. Regular consumption (8 weeks/ 2000 mg/day) has positive effect on:

- reduction of total cholesterol by 8%,
- reduction of systemic inflammation by 21%, increase of adiponectin by 34%,
- increasing the endogenous antioxidant bilirubin by 35%,
- raising the total antioxidant potential of the serum by 45%,
- 17% increase of leptin, the hormone that regulates hunger and triggers the feeling of satiety

(Source: Petelin et al., 2019).

Coenzyme Q10

Increased needs of Q10 occur during greater physical exertion, aging or disease states. Coenzyme Q10 is also recommended for anyone taking statins, as this drug reduces the production of its own coenzyme Q10. This can lead to fatigue and muscle pain.



Improving sports performance

Simultaneous intake of **royal jelly** and **coenzyme Q10** after exercise has been clinically proven to improve sports performance, which is manifested as a lower lactate level or lactic acid. Lactic acid is produced in muscles during exercise

(Source: J. Int. Soc. Sports Nutr., 2022).

Thiamine

contributes to the normal function of the heart, nervous system and psychological function.

Vitamin K

contributes to normal blood clotting and maintains healthy bones.

Vitamin E

contributes to the protection of cells from oxidative stress.

NEW



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Vitamin B6

contributes to homocysteine metabolism, amino acids, which in increased amounts can mean a higher risk of cardiovascular diseases. Vitamin B6 contributes to normal psychological functioning, reducing fatigue and exhaustion, plays a role in the formation of red blood cells, regulating the functioning of hormones and the functioning of the immune system.

Vitamin D

contributes to the functioning of the immune system, contributes to the normal absorption of calcium and phosphorus, the normal level of calcium in the blood, the maintenance of healthy bones, teeth and muscle function.

NO PRESERVATIVES, GLUTEN AND LACTOSE FREE, NO ARTIFICIAL FLAVOURS AND NO COLOURING

Instruction for use:

The recommended daily dose is the content of 1 bottle before breakfast, on its own or diluted with water. We recommend daily use for at least 3 months. The slightly spicy taste of the product and deposit at the bottom of the bottle are due to the natural properties of the ingredients. Shake before use.

Caution:

Excessive consumption can have a laxative effect. Do not exceed the recommended daily dose. Food supplements are not a substitute for a well-balanced, diverse diet and healthy lifestyle. Keep the product away from children! Keep the product in a dark and dry place at a temperature of up to 25°C.

Content	Per recommended daily dose (1 bottle = 9 ml)	
Royal jelly	2000 mg	
Of which: 10 HDA	28 mg	
Coenzyme Q10	50 mg	
Propolis extract	100 mg	
Vitamin E	12 mg	100% NRV*
Thiamine (vitamin B1)	1,1 mg	100% NRV*
Vitamin B6	1,4 mg	100% NRV*
Vitamin K	35 µg	46,7% NRV*
Vitamin D	5,0 µg (200 IU)	100 % NRV*
Pantothenic acid	6,0 mg	100 % NRV*

*NRV = Nutrient reference value